Assisted Living Specializing in Memory Impairment

Bringing Security to Our Residents and Their Children



# "We treat your loved one like a star"



**SERVING THE COMMUNITY SINCE 1968** 



### WHAT IS GLEN PARK?

Glen Park is a personal care model whose emphasis is on keeping residents active. It is the alternative to a nursing home. Residents age in place with the help of house doctors, home health nurses, and related mobile services.

"Our family thanks all the staff that cared for and adored my father-in-law. We appreciate all that you did for Tom." Lucia Richer and all of the Richer family

## THE GLEN PARK COMMITMENT TO YOU

Serving seniors since 1968, Glen Park opened one of the first Memory Impairment care facilities in Southern California. We believe each resident is unique, worthy of dignity and respect. We are proud to provide a warm and caring atmosphere where individual needs are recognized and met. We encourage an independent and active lifestyle while still providing the safe and secured setting that has come to signify and embody Glen Park.

## PROVIDING QUALITY CARE WITH DIGNITY

**GLEN PARK HEALTHY LIVING** 



#### **OUR MISSION**

Glen Park Healthy Living is a community-recognized leader in helping those with memory impairments and those who require assistance with the activities of daily living. We aim to help residents live longer, happier, and healthier lives at an affordable cost; advocating open communication with families and providing residents choices that give their lives purpose. We strive to keep residents engaged in activities that are both interesting and meaningful to them with a supportive staff that takes the time to encourage independence.

> "The combination of a warm, home-like setting with personalized care gave me a peace of mind." Doloris Weatherspoon, sister of resident Benita Nicdao

"During my mothers time at Glen Park, my mother received superior care, kind and loving attention, professional assistance, and all the medical, therapeutic and emotional support I could want for my mom. I sing praise every chance I get and often" Joanne Askins, daughter of resident Connie Banks



# THE SERVICES AT GLEN PARK

### **1. ASSISTED LIVING CARE**

We here at Glen Park believe in improving the quality of life for our residents. Our caring team of professionals will tailor services such as medicine management, daily activities, dietary, bathing, dressing, incontinence care, and other personal needs for each individual. Under our assisted living program, our goal is to help enhance our residents' lives, not restrict them. We achieve this goal through our compassionate, caring, and specially skilled staff. Our qualified medication aids must complete a thorough medication distribution course to ensure the highest degree of accuracy and safety possible. We strive to provide just the right amount of assistance and encouragement in order to maintain the optimum and safest level of independence for you loved one.

"The number one reason I moved my mother into Glen Park was because I was worried about my mother taking her medications incorrectly. They helped put my conscience at ease." Deborah Rodriguez, daughter of Maria Contreras



#### 2. MEMORY IMPAIRMENT CARE

Glen Park provides the perfect blend of hospitality, healthcare, and security in caring for those with various forms of Memory Impairment. Services are designed and intended to provide a positive and nurturing environment for persons with memory loss, communication difficulty, and confusion. Our compassionate caregivers receive special training and understand the challenges and unique needs of both the individual and their family members. For those who require a higher level of security and monitoring, we have installed a high-tech delayed egress system. We offer four communities in the Los Angeles County to address the varying stages of Memory Impairment. Glen Park at Glendale • Mariposa Street and Glen Park at Valley Village for early to moderate stages, Glen Park at Glendale • Boynton Street for moderate to late stages, and Glen Park at Monrovia for all stages.

"I have nothing but praise about your staff. I felt that they went above and beyond basic expectations to meet my mother's needs. Their compassion & encouragement affected both my physical & emotional well being." Geenie King, daughter of Mayra Sheldon



#### **3. RESPITE CARE**

Our Respite Care Program is an alternative to becoming a full-time resident. It is designed to give families a break from their duties and responsibilities of caring for their loved one. This care program provides comfortable accomadations with full services of daily activites. Our Respite Care Program can be utilized for a short stay or as a way for a loved one to recover from an illness or surgery in a supervised and safe environment. Let us provide you the safe, warm, comfortable setting necessary to keep your mind at ease.

"The Glen Park Staff has some very caring, patient, and dedicated workers from the lowest to highest positions. I am thankful for all the help, love, & care while my dad was recuperating there." Michael Hall, son of Jeannine Hall

## 4. SOCIAL DAY PROGRAM

Another alternative to becoming a full- time resident is to participate in our Social Day Program. This program allows caregivers to meet their daily needs knowing that their loved one is enjoying the day in a safe welcoming environment. There is even door-to-door pick-up and drop-off transportation available for a nominal fee in certain areas.



#### 5. IN-HOME CARE

Saying goodbye to the security and comfort of one's own home can be challenging because *there's no place like home*. Our sister organization, Glen Park 24/7 Home Care, can help your loved one maintain lifestyle and day to day activities with dignity in their own home and communities. Keeping individuals safe, happy, stimulated, and healthy is our priority. Our insured respite workers provide services such as Case Management, Personal Care, Medicine Management, Family Respite, Companion Care, Light Housekeeping, Meal Preparation, Transportation, and Concierge Services. All of our staff must pass a rigorus screening process that includes a health screening test, criminal background check, and driving record clearance. They have extensive appropriate training and have to pass a written test.

## "Because there's no place like home"

#### 6. HOSPICE CARE

Glen Park also specializes in meeting the individualized need of terminally ill patients. We make every effort to ensure the most peaceful and dignified end to a long and fruitful journey.



#### 7. ANCILLARY SERVICES

Glen Park provides an on-site health and wellness program in alliance with local healthcare providers to provide residents with top quality health care. Coordinated with a physician, we provide weekly case managment meetings, home health nursing, rehabilitation therapy, and medical equipment.

"My occupational & physical therapist were exceptionally caring & helpful. Both addressed my concerns with respect & were helpful in showing me how to overcome my fears."

David Barnes, son of resident Priscilla Barnes

## 8. SOCIAL ACTIVITIES & RECREATION

We have accumulated more than 30 years of experience and knowledge in designing a comprehensive activity program to help maintain a healthy and active lifestyle for our residents. Our program curriculum focuses on the interests and preferences of the individual as well as incorporating a variety of group social interations. Residents have a choice in participating in planned in-house activities as well as monthly grand excusions. Our goal is to provide engaging and appropriate activities for all levels of capabilities. Whether it's taking a leisurely stroll in the garden, participating in a fashion show, or going to San Manuel Casino, we offer a variety of daily activities to support socialization.



## 9. CUISINE

A great enjoyment in everyone's life is the pleasure of having good food. Our restaurant style dining offers three delicious daily meals consisting of a variety of entrees and desserts to appeal to all residents' individual tastes. There are always three entree alternatives at each meal and in between snacks daily. All meals and snacks are carefully and healthfully planned by a licensed dietician to meet an individual's specified dietary needs. We pride ourselves in providing delicious meals with the highest nutritional value.

Glen Park also has a juice bar. A fresh delicious juice is offered daily to our residents. Juicing offers many life-enhancing health benefits including a way to access digestive enzymes faster, and a more efficient way to absorb immune boosting nutrients naturally found in fruits and vegetables.

## **10. HEALTHY LIVING PROGRAMS**

Glen Park has a Healthy Living Team that specializes in covering a wide variety of activities to promote health and well-being. With a group of six professionals that offer multisensory programs from art therapy to cooking classes, we aim to stimulate both body and brain through these interactive activities. When your loved ones memory is declining, it is our goal to focus on what senses and strengths they still possess. There is currently no cure for Alzheimer's; however, we strive to provide care for our residents while trying to promote independence and dignity.



### SIGNATURE TOUCHES

Glen Park offers unique care programs for older adults who need assistance with their activities of daily living. We focus on maintaining their independence, dignity and self worth; and their knowledge that someone will always be there to help. Glen Park's goal is to fully improve our residents quality of life while respecting each individual's dignity and privacy. Residents may take advantage of the following conveniences:

#### AMENITIES

- Assistance with Activities of Daily Living
- Ancillary Services to Aid in Aging in Place
- Three Meals Prepared Fresh Daily
- Scheduled Transportation to Local Appointments
- Personal Laundry Service
- Daily Housekeeping & Weekly Linen Services
- Emergency Pull String & Intercom in Each Room
- Rooms Pre-Wired for Telephone and Cable Television
- Free Wi-fi in Common Areas

#### SOCIAL ENVIRONMENT

- Activity Programs 7 Days a Week
- Theme and Holiday Events
- Weekly Live Entertainment
- Weekly Outings to Attractions
- Library Complete with Books & Daily Periodicals
- On-Site Beauty & Barber Shop
- Community Outreach & Inreach Programs
- Daily Juice Bar
- Multisensory Programs

#### SAFETY CONCERNS

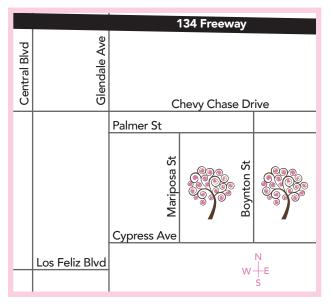
- Delayed Egress System for Wanderers
- 24-Hour Visual Security System
- Gated Community with Video Surveillance
- Security System
- Emergency Back-up Generator
- Fire Sprinklers, Smoke, and Fire Security System



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#### **GLEN PARK AT GLENDALE**

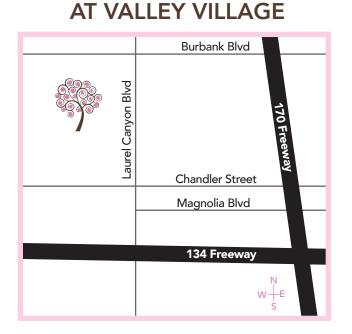


#### ON MARIPOSA ST.

1220 South Mariposa Street Glendale, CA 91205 Phone: (800) 495-5005 Fax: (818) 242-3972 RCFE LIC. # 197608506

#### ON BOYNTON ST.

1250 Boynton Street Glendale, CA 91205 Phone: (818) 246-9000 Fax: (818) 246-1577 RCFE LIC. # 197608505



**GLEN PARK** 

5527 Laurel Canyon Blvd. Valley Villlage, CA 91607 Phone: (800) 560-9090 Fax: (818) 761-2199 RCFE LIC. # 197603165

#### **GLEN PARK AT MONROVIA**



110 N. Mountain Ave Monrovia, CA 91016 Phone: (800) 845-3890 Fax: (626) 305-5339 RCFE LIC. # 197802560

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